

ROOTS FOR RESILIENCE

How local food systems
can ensure a better future
Let's get growing!



**WED, FEB 18
6:30PM - 8PM**

**Flores Senior Center
111 W Lugonia Ave, Redlands**
FREE! Open to Everyone
[@cancaredlands](https://cancaredlands.org)



**Join us to learn about the many benefits of buying
local and growing your own food!**

What is a Food System?

A food system includes growing, processing, transporting, selling, and consuming food. And guess what - every part of the network impacts our climate. In this community workshop, we will learn about how we can make changes to our own food systems to become more resilient to climate change!

We will talk to the experts, and each other!

A panel of local growers and community food experts will talk to us about the kinds of foods that can be grown in Redlands, the challenges we face in food production, and the economic, social, and environmental benefits of climate-resilient food systems.

**Do you grow food, or want
to get started?
Come ask questions or
bring answers to how you
have approached food!**

This event is part of ANCA's educational series, *Resilient Living: Facing Challenges Together*.

For more information, visit www.ancaredlands.org

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